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The Chomolhari Base Camp trekking in Bhutan is a beautiful combination of the natural and cultural journey. The trek to Chomolhari base camp offers a variety of trekking conditions such as walking through the breathtaking landscape of distant fields, pines, rhododendrons, junipers, firs, and the Bhutanese Himalayas.

The Chomolhari Base camp trek is suitable for trekkers who are looking for a route at short in high altitudes as well as unique cultural norms and values. The trip starts in Paro, exploring the jewels of Bhutan. Main Highlights are as below

Highlights

- ❖ You will have lifetime experience while trekking to the Himalayan region of Bhutan
- ❖ You will Trek with experienced guides who will explain about the culture, history, and landscape of the region.
- ❖ You will have a pleasant flight over Mountain from Kathmandu to Paro airport
- ❖ You will visit Rinpung Desang, Dharkagel Desang ruins and Paro National Museum
- ❖ Visit Taktshang Monastery (It is also known as Tiger's Nest) and Kyichu Lhakhang
- ❖ You will visit Yale La Pass and Nile La Pass
- ❖ You will enjoy the breathtaking view of the Mount Chomolhari, Jichi Drake and many other small peaks
- ❖ You will walk through the Alpine forests and rivers
- ❖ You will experience the lifestyle of people in a remote area in Bhutan
- ❖ You will spend your nights under the sky on camp
- ❖ You will discover the culture, lifestyle, tradition, and art of Bhutan

About Chomolhari Base Camp Trek

Chomolhari Base Camp is one of the best-hiking destinations in Bhutan. It can be completed in a short time. In 12 days, you can achieve this Chomolhari base camp trek. You will explore Bhutan's great art and architecture during your days in the city. You will find natural, cultural, and historical aspects of Bhutan during this trip. This trekking begins on the third day in the ruins of Drukgyel Dzong and offers some heavenly experiences in different parts of the Himalayan Kingdom of Bhutan.

The Chomolhari base camp hike is moderately strenuous and you have to hike for eight days. You will be more than 3000 meters high for several days, but there is no risk of altitude sickness. However, the walk should be slow and steady. A step in the Tiger's Nest monastery before the trail can help you to get acclimatized. While this hike does not require much preparation, but you must be in good physical shape and be able to adapt to the minimal luxury lifestyle. A little physical training before the walk and mental strength make the adventure more comfortable.

During the trek, you can see blue sheep, monkeys, and birds of various types. Since the trekking path is also a pasture for yaks, you can see the yaks and their herds. The forests are covered with alpine vegetation such as pine, juniper, rhododendron, and bamboo. When hiking, some routes are accessible and some bumpy paths take a bit more effort. Although crossing the Yale Pass is a bit difficult, you get incredible views of the mountains and valleys. Chomolhari Base Camp is only 4,850 meters between the two mountain passes and 4,950 meters from Yale Pass.

There is no option for hotels on the Chomolhari Base Camp Trek. Your team is, therefore, preparing to camp for you everywhere and spend the night in the forest. The horses complete the hike to carry your luggage and everything you need and your team.

Travel Itinerary

Day 1: Welcome to Paro and transfer to the hotel.

After an incredible flight from the city of your choice to Paro, you'll enter the Bhutanese Empire of the Himalayas. When you fly from Kathmandu, you can enjoy spectacular views of the mountains, including Mount Everest, on a clear day. Then your guide will help you with everything and take you to the hotel. You will take a rest after check-in at hotel. If you want, you can stroll through the city or the local markets. You will be staying in Paro during the night.

Meals including- lunch and dinner.

Day 2: sightseeing Paro Valley, Tiger's nest and National Museum

Today you will visit the beautiful city of Paro. You will visit the dzong-style building, which was initially built as a fortress. Although the Chomolhari hike does not start today, you will need to walk about 4 hours to visit the Tiger Nest monastery, visit the temples, and return to the hotel. The Tiger's Nest Monastery is located on a perfect hill and can only reach on foot. You can also take a horse in the cafeteria, but after that, you have to walk yourself. Upon your return, you can visit the National Museum of Bhutan, which is full of handicrafts related to Tibetan Buddhism and Bhutan's history.

Meals included: Breakfast, lunch, and dinner.

Day 3: Shana Trek from Paro (2850 m)

Today, the trek begins towards Drukgyel Dzong, which takes about 20 minutes. On the way, you will find farms, traditional houses, wildlife, and beautiful view. You will most likely go hiking while hiking with some offspring. You spend the night in a camp in Shana.

Meals included: Breakfast, lunch, and dinner.

Day 4: Trekking to Soi Thangthangka from Shana

You will get up early and have breakfast. Today you have an eight-hour walk to visit Thangthangka, during which the Paro River flows in the middle of thick forests. You climb the narrow river valley 700 meters. You will find various farms along the way. Then go down for a while, and you'll reach the meadow where

you'll camp and spend the night. From here, you can see the Chamolhari Mountain for the first time.

Meals included: Breakfast, lunch, and dinner.

Day 5: Trek to Jangothang from Soi Thangthangka

When your hike begins, follow the Paro River where the river valley expands again. You leave the thick forest and enter the wide valley. From the valley, you have a great view of the steep hills and snow-capped mountains. On the way, you will meet the Yak family. Finally, you will reach Jangothang, which is near the Base Camp of Mt. Chomolhari. Your camp will set up here, and you will spend the night.

Meals included: Breakfast, lunch, and dinner.

Day 6: Trekking from Jangothang to Lingshi via Nyeley via the Neille La Pass

It is the longest day of the hike. You have to leave Jangtong and walk for a while before you can climb half an hour. Then the climb will be smoother. On the way, you can see breathtaking landscapes with blue sheep, yak meadows, and mountain views. When you arrive at the Neille La Pass, you get a breathtaking view of mountain peaks such as Jomolhari, Jichu Drake and Tsherimgang. After enjoying the view, descend towards the Lingshi basin. From here, you can also take a look at Lingshi Dzong. You will be in a camp overnight.

Meals including- breakfast, lunch, and dinner.

Day 7: Trekking from Lingshi to Shodu

Today is a sturdy hiking day as you have to walk to the Yale La Pass at 4930 meters. Although the path is a difficulty, you will be enjoying a distant view from the mountain. You have a wonderful view of the snowy mountains. Then descend from a cliff to reach the Shodu.

Meals included: Breakfast, lunch, and dinner.

Day 8: Trekking from the Shodu to Barshong (3720 m)

Today you hike along the Thimphu River, surrounded by alpine forests. On the way, you will come across a military camp and meditation caves. The views of the mountains and the landscape on the trip are incredible. You will also see many waterfalls along the way. During the last hours of trekking, you have to climb a gentle peak to get to Barshong, where your camp takes place at night.

Meals included: Breakfast, lunch, and dinner.

Day 9: Trek to Dolam Kencho from Barshong

After waking up, you start your walk to today's destination. Today you will go down challenging sections. Continue the trail until you reach the bumpy streets of Dolamkencho. There you can camp another day and enjoy the jungle.

Meals included: Breakfast, lunch, and dinner.

Day 10: Hike from Dolom Kancho to Dodena and continue to Thimphu

Today is the last day of trekking, and you will walk to Dodena. You go into the bamboo forest where you can see monkeys. After walking for about three hours, you finally reach a vehicle waiting to take to Thimphu.

Meals included: Breakfast, lunch, and dinner.

Day 11: Drive from Thimphu to Paro

After the trek from Chomolhari base camp, you have one more day left in Bhutan. Today you can walk around the city in Thimphu for a while or relax before you leave. You will enjoy a scenic drive from Thimphu to Paro. Upon arrival in Paro, you can go to nearby places and buy souvenirs. Local markets sell amazing handicrafts that you can take home with you.

Meals included: Breakfast, lunch, and dinner.

Day 12: Departure from Paro to the next destination.

Your Chomolhari trek has ended here. We will take you to the airport according to the departure schedule for your connecting flight to your next destination or home.

Meals included: lunch: breakfast

Cost including

- ❖ Full board meals in Bhutan(breakfast, lunch, and dinner
- ❖ A three-star hotel in Bhutan and Kathmandu as per itinerary
- ❖ camping accommodation during the trek in Bhutan
- ❖ All Necessary transportation with pick up and drop at the airport
- ❖ A qualified and licensed holder English speaking trekking guide
- ❖ Entry visa fees to Bhutan
- ❖ All entrance and permits fees
- ❖ Government tax, royalties, and service charge

Cost excluding

- ❖ Flight ticket cost to and from Bhutan
- ❖ Travel and health insurance
- ❖ Any upgrade on services.
- ❖ Items of personal nature like drinks, chocolate, fruits, sweets, etc.
- ❖ Tips for guide and the driver

Food and accommodation

Bhutan hotels are approved and classified by the Bhutan government as Classes A, B, and C. These government-approved hotels are equaled to 3-4 star hotels. We offer class accommodation on this trip, but it is subject to availability at the time of booking. All accommodations are on double or twin sharing. You can get Single rooms upon request paying an extra charge.

All meals in Bhutan include on the package. Indian, Chinese, and continental foods are available in most hotels. Non-vegetarian dishes are generally available in most of Bhutan like pork, beef, chicken, and fish. The main recommendation is to ask the hotel and restaurant to confirm what is fresh and seasonal.

People and culture

As soon as you arrive in Bhutan, you will find that it is very different from where you were. You see, people dressed as Gho for men and Kiara for women. Monks often wear red robes around temples and monasteries. Children also wear these clothes in their schools. People don't measure their happiness by the standards set by others; they believe in spiritual and inner growth. Most Bhutanese make a living from agriculture, trade, handicrafts, and regular employment. These people are also friendly and accommodating and are known for their excellent hospitality. Their culture and traditions adapt to their daily activities and belief systems. The people of Bhutan pay homage to their gods by praying, meditating, turning prayer wheels, and hanging prayer flags. Tibetan Buddhism is predominant in Bhutan.

When is the best travel time for Bhutan?

From October to December is the best traveling time to Bhutan because the air is fresh and clear. January and February are cold, but from then to April, the weather is dry and pleasant, and the famous rhododendrons bloom beautifully in late spring and fill the valleys with color. Heat and humidity increase from May, and the rainy season from June to September cover the mountains. If you would like to see the rare black-necked crane, we recommend you visiting the Phobjikha Valley from October to February.

Travel insurance

Travel insurance is a prerequisite for booking a vacation with us. For trekking and mountaineering, you need at least emergency and repatriated health insurance to cover mountain maintenance costs. Cancellation insurance is strongly recommended as all down payments paid are non-refundable.

You should carefully check the terms and policy of your insurance. In essence, you should make sure that you have covered the following: 1) activity (i.e., tourism, trekking, or mountaineering) 2) summit mountaineering 3) evacuation of helicopters in an emergency. It is your responsibility to take out adequate insurance for this trip.

You should understand that you are ultimately responsible for the cost of withdrawal and return and that you are responsible for the cost of removal or medical treatment. You must be fully aware of the effects of managing your travel insurance and be mindful of the limits and exclusions of your policy.

Please note that in some medical emergencies, we can initiate a helicopter rescue process (or other necessary means) without first asking your insurance company for approval.